The WHITE MOUNTAIN TOUR has been attracting participants for more than 20 years. It's a two day supported ride which includes sag support, emergency mechanical support, bathrooms at each rest stop, plenty of good snacks and luggage delivery to your hotel or campsite. Saturday night's dinner is also included in the entry fee.

Registration for the two-day event is \$70.00. A special rate for PMBC/GABA/ABC club members is only \$60.00. A \$20.00 late fee applies to all riders if registration is received post marked after July 1, 2009. For your convenience you can also register through www.active.com. If you are camping, there is an additional fee of \$5.00 for Saturday night.

LODGING

Visit www.sportsfun.com/gaba for a list of local hotels for Friday night in Pinetop-Lakeside and Show Low. For Saturday night motels in Springerville/Eager are also listed. Camping is available Saturday night. The site includes showers and bathroom facilities at the Round Valley Middle School in Eagar.

MEALS

Saturday's dinner, which is included in the entry fee, will be served from 5:00-6:30 PM. Non-riders and family members can purchase dinner for an additional fee of \$15.00. This year the dinner has been moved to Round Valley High School Cafeteria in Eager.

DAY ONE

SATURDAY 7:00 - 8:30AM.

No mass start. This year we will again start and finish at Hon-Dah. You will ride North on Highway 260 through Pinetop/Lakeside to Show Low. In Show Low, turn East onto Highway 60 then to the sag stop at Midway Station convenience store in Vernon. From there it's down to Springerville/Eagar for 63 miles. A 100 mile option is also available.

DAY TWO

Sunday 8:00 AM.

The return SAG stop will be set up at 8:00am near the Sunrise Ski Resort. From there it's mostly downhill back to the start for the day's total of about 38 miles. **Luggage Pickup** will start at **8:00 AM** on Sunday for the return trip and will be at Hon-Dah Casino by **10:00 AM**.

Registration Fees:

- Non-Member \$70.00
- ____Member (PMBC/GABA/ABC) **\$60.00**
- ____ Saturday Camping Fee \$5.00
- ____ Late Fee after July 1 \$20.00
- ____ 100 Mile Option on Day 1

This year you can register at www.active.com
yOU MUST COMPLETE AND SIGN THE
ATTACHED WAIVER. Mail your check, with the completed registration form and the signed and completed waiver to:

PHOENIX METRO BICYCLE CLUB PO BOX 26788 TEMPE, AZ 85285-6788

MAKE CHECKS PAYABLE TO **PHOENIX METRO BICYCLE CLUB.**

Ride Coordinator Silverio Ontiveros 602-237-2745 or email silverioontiveros@gmail.com

WHITE MOUNTAIN TOUR July 11 and 12, 2009

Sponsored by
Phoenix
Metro Bicycle Club



RIDE THROUGH THE COOL PINES OF EASTERN ARIZONA

Phoenix Metro Bicycle Club THIS IS AN IMPORTANT DOCUMENT THAT WAIVES YOUR LEGAL RIGHTS.

NAME OF EVENT: White Mountain Tour Date: July 11 & 12, 2009

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY AGREEMENT, AND WAIVER OF CONSTITUTIONAL RIGHT

In consideration of my participation in any way in the Phoenix Metro Bicycle Club ("Club") sponsoring bicycle activities ("Activity"), I do for me, my personal representatives, assigns, heirs and next-of-kin:

- 1. AGREE, represent, acknowledge and understand the nature of bicycle activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which hazards of traveling are to be expected.
- 2. FURTHER AGREE and warrant that at any time if I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
- 3. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence or gross negligence of "Releasees" as designated herein; (c) there may be other risks and other social and economic losses either not known to me or not readily foreseeable at this time; (d) and I fully accept and assume all such Risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.
- 4. HEREBY RELEASE, discharge, and covenant not to sue the Club, any of its directors, agents, officers, members, volunteers, and employees, any other participants, sponsors, advertisers, and, if applicable, any owners or lessors of the premises on which the Activity takes place, and the League of American Wheelmen (all collectively defined as "Releasees"),

FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING THE NEGLIGENCE IN RENDERING ANY KIND OF CARE WHATSOEVER.

5. FURTHER AGREE that despite this Release and Waiver of Liability, Assumption of Risk, Indemnity Agreement and Waiver of Constitutional Right, I, or anyone on my behalf, makes a claim against any of Releasees, I will indemnify, save, and hold harmless each of the Releasees from any litigation expenses, attorney's fees, loss, liability, damage, or cost which any may incur as the result of this claim.

- 6. FURTHER AGREE that as a participant in any Club activity, I must obey all Arizona traffic laws and must wear at all times an ANSI, ASTM, or Snell-approved helmet.
- 7. FURTHER AGREE, acknowledge, and understand that this release and Waiver of Liability, Assumption of Risk, Indemnity Agreement and Waiver of Constitutional Right, shall be applicable to any and all Club activity from this date forward regardless of whether I remain a member of the Club and expressly agree that this "Agreement" is intended to be applicable to any Club activity in which I participate from the date of the execution of this Agreement.
- 8. RELEASE, WAIVE and otherwise disavow any protection of Article 18, Section 5, of the Arizona Constitution, which allows for the defenses of contributory negligence or assumption of the risk to be a question of fact and to be left for the jury consideration and expressly acknowledge that the waiver of this constitutional right and the execution of this release shall forever bar my rights to make a claim, sue or otherwise file any type of litigation against Releasees.

I EXPRESSLY ACKNOWLEDGE WAIVING THE AFOREMENTIONED CONSTITUTIONAL RIGHT. INITIAL HERE:

I have read this Agreement, fully understand its terms, understand that I am giving up substantial rights including waiving a constitutional right, by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release and/or waiver of any and all liability and/or constitutional right to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, the balance notwithstanding shall continue in full force and effect.

PRINTED NAME OF PARTICIPANT: PHONE: ADDRESS: City: ZIP: I HAVE READ AND ACCEPT THIS RELEASE PARTICIPANT'S SIGNATURE

OR RELEASE: AND I, THE MINOR'S PAREN RDIAN, UNDERSTAND THE NATURE VITIES AND THE MINOR'S EXPERIENCE A BELIEVE THE MINOR TO BE QUALIFIED, I IN PROPER PHYSICAL CONDITION TO H ACTIVITY. I HEREBY RELEASE, DISCHATOSUE, AND AGREE TO INDEMNIFY AND MILESS EACH OF THE RELEASEE'S FROM MS, DEMANDS, LOSSES, OR DAMAGES OUNT CAUSED OR ALLEGED TO BE CAUSPART BY THE NEGLIGENCE OF THE ERWISE, INCLUDING NEGLIGENT RESCUTTHER AGREE THAT IF, DESPITE THIS OR, OR ANYONE ON THE MINOR'S BEHALD INST ANY OF THE RELEASEES NAMED MINIST, SAVE, AND HOLD HARMLESS ASSEES FROM ANY LITIGATION EXPENSES, ILLABILITY, DAMAGE, OR ANY COST WHICK RESULT OF ANY SUCH CLAIM.	OF BICYCI ND CAPABILI N GOOD HEA PARTICIPATI RGE, COVEN SAVE AND H M ALL LIABII ON THE MINU ED IN WHOLE "RELEASEES" UE OPERATI S RELEASE, I, MAKES A CL ABOVE, I N
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(Only if participant is under the age of 18)